

SHEHEHEYANU & FOOD BLESSINGS

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהֵחֵינּוּ וְקִיָּמְנוּ וְהִגִּיעְנוּ לְזֶמַן הַזֶּה.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, she-heh-hey-a-nu, v'kee-uh-ma-nu, v'hi-gee-ya-nu lazman hazeh

Blessed are You, Adonai Our God, Ruler of the Universe, who has kept us alive and sustained us and enabled us to reach this occasion

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם הַמוֹצִיא לֶחֶם מִן הָאָרֶץ.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, ha motzi lechem min ha'aretz

Blessed are You, Adonai Our God, Ruler of the Universe, who brings forth bread from the earth (plain bread)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא מִיְיָ מִזֹּנוֹת.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, borei miney m'zonot

Blessed are You, Adonai Our God, Ruler of the Universe, who creates all kinds of foods (pasta, rice, cookies, cakes, sweet breads, most cereals-not including cereals made with corn)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הָעֵץ.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, borei p'ri ha'etz

Blessed are You, Adonai Our God, Ruler of the Universe, who creates the fruit of the tree (fruits from trees)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם בּוֹרֵא פְּרִי הָאֲדָמָה.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, borei p'ri ha'adama

Blessed are You, Adonai Our God, Ruler of the Universe, who creates the fruit of the ground (vegetables and fruits from the ground)

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם שֶׁהַכֹּל נִהְיָה בְּדַבְּרוֹ.

Baruch Atah Adonai, Elohenu Melech Ha-Olam, sheh ha'kol n'hiyeh b'd'varo

Blessed are You, Adonai Our God, Ruler of the Universe, by whose word everything is created (processed foods and things you're not sure about)