

Energizers—How to get students moving!

Energizers—Any activity that gets students up and moving, elevates their breathing and/or brings **vitality** to your lesson. Here are some examples:

1. **True & False Review**—Stomp feet for FALSE, clap twice for TRUE (put directions up on board) Teacher makes series of statements about previous learning i.e. Sukkot comes before Yom Kippur; man must be okay with man before he can be okay before G-d; “IM” is the feminine plural ending for Hebrew verbs; MI CAMOCHA comes before BORCHU in the siddur.
2. **Hebrew Screammers**—Have a noisemaker (bell, chime, drum) tell students that you will say a word in Hebrew and they need to scream out a word that rhymes before the noisemaker sounds. (Hint-prepare your list in advance and be sure your students know some words that rhyme)
3. **Scratch Outs**—(Pass out blank paper) Ask students to print as many true statements about last lesson/s as they can within 90 seconds on a blank sheet of paper, exchange with students 3 seats away, when you call time, students have 10 seconds to scratch out any
4. **Dancing With My Shadow**—free association—students are shouting out in this activity one at a time. Ten seconds to respond, no more! Teacher calls out name of students and then says a word like the name of a prayer, Bible hero, holiday, concept, mitzvah, Hebrew verb, etc. Named students calls out their association. Teacher repeats with new student, new word.



Thank you to Annette Segal of the Valiant Group

LIPINSKY TEACHER CENTER HOURS

Monday—Thursday
8:30 am—4:30 pm

Friday—8:30 am—3:00 pm

Sunday and evening
appointments available
upon request.

MISSION STATEMENT

The Agency for Jewish Education (AJE) provides, promotes and facilitates quality educational programs, services and resources for the continuity and enrichment of Jewish life in San Diego.



ABOUT THE AJE

Since 1968, The Agency for Jewish Education has been serving as the source for Jewish education in San Diego County. AJE administers the High School of Jewish Studies, programs in adult education and supports all of the San Diego day, congregational and preschools with resources and teacher training. The AJE is a beneficiary of the United Jewish Federation of San Diego.

Learn more – visit www.ajesd.org or call 858-268-9200.



LIPINSKY TEACHER CENTER TIDINGS

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